

Use this list to write out all of your priorities on the left hand side.
Then, put a rating next to it on how important that priority is to you in your life.

| Priority | Ranking |
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Categorize Your Priorities

See how many of your fit within each of these categories below. If they don't fit into any of the categories listed, create your own. After you've moved your priorities into these buckets, note which are the most prevalent and which are the least.

How does it feel to you after you've captured this? Is there anything that seems off-balance that you'd want to address?

Relationships:

Personal Growth and Development:

Spirituality and Mindfulness:

Career and Professional Development:

Health and Well-being:

Financial Management:

Creativity and Hobbies:

Life Purpose and Meaning:

Time Management and Productivity:

Environment and Sustainability:

Communication Skills:

Personal Values and Ethics:

Life Transitions:

Community and Social Impact:

Travel and Exploration:

Self-Care and Well-Being Practices:

Education and Personal Knowledge:

Goal Setting and Achievement:

Technology and Digital Detox:

Cultural and Artistic Appreciation:
